Member-submitted list of co-ops in the USA with Member-Worker programs:

California

Briar Patch Co-op (Grass Valley) Davis Food Co-op (Davis) Isla Vista Food Co-op

Connecticut

Willimantic Food Co-op

Delaware

Newark Natural Foods Co-op

Florida

Sunseed Food Co-op (Cape Canaveral)

Georgia

Sevananda Natural Foods Market (Atlanta)

Idaho

Moscow Food Co-op (Moscow) Pocatello Food Co-op

Illinois

Duck Soup Co-op (DeKalb) South Suburban Food Co-op (Matteson) Dill Pickle Co-op (Chicago)

Indiana

Bloomingfoods Co-op (Bloomington 3 locations) City Foods Co-op (Lafayette) River City Food Co-op (Evansville)

Louisiana

New Orleans Food Co-op

Maine

Blue Hill Co-op Community Market (Blue Hill) Fare Share Co-op (Norway)

Maryland

Takoma Park/Silver Spring Co-op Valley Co-op (Boonsboro/Hagerstown)

Massachusetts

Green Fields Market McCusker's Market River Valley Market (Northampton) Wild Oats Market (Williamstown)

Michigan

People's Food Co-op (Ann Arbor)
People's Food Co-op (Kalamazoo)

Minnesota

Eastside Food Co-op (Minneapolis) Hampden Park Food Co-op (St. Paul) Valley Natural Foods Co-op (Burnsville)

Montana

Community Food Co-op (Bozeman)

Nebraska

Open Harvest Natural Foods Co-op (Lincoln)

Nevada

Great Basin Community Food Co-op (Reno)

New Jersey

George Street Co-op (New Brunswick)
Sussex County Food Co-op (Newton)

New Mexico

Lamontanita Food Co-op (Albuquerque - 6 stores) Silver City Food Co-op (Silver City)

New York

Park Slope Food Co-op*
Greene Hill Food Co-op*
Flatbush Food Co-op
Greenstar Cooperative Market (Ithaca)
Honest Weight Food Co-op (Albany)
Syracuse Real Food Co-op
4th Street Food Co-op (NY, NY)
Abundance Cooperative Market (Rochester)
High Falls Food Co-op (High Falls)
North Country Food Co-op (Plattsburgh)
Potsdam Food Co-op
Cambridge Food Co-op

North Carolina

Deep Roots Market (Greensboro)
French Broad Food Co-op (Asheville)
Tidal Creek Co-operative Market (Wilmington)
Hendersonville Community Food Co-op

North Dakota

Amazing Grains (Grand Forks)

Ohio

Bexley Natural Market (Bexley)

Kent Natural Foods Co-op Phoenix Earth Food Co-op (Toledo)

Oregon

Alberta Co-op Grocery (Portland)

First Alternative Natural Foods Co-op (Corvallis)

Food Front Cooperative Grocer (Portland)

Baker Food Co-op (Baker City)

Oceana Natural Foods Cooperative (Newport)

People's Food Co-op (Portland)

Pennsylvania

Doylestown Food Co-op

Mariposa Food Co-op (Philadelphia)

Weavers Way Co-op (Philadelphia - 2 locations)

Rhode Island

Alternative Food Co-op (Wakefield)

Vermont

Brattleboro Food Co-op

Buffalo Mountain Co-op (Hardwick)

City Market/Onion River Co-op (Burlington)

Hunger Mountain Co-op (Montpelier)

Middlebury Natural Foods Co-op

Springfield Food Co-op

St. J Food Co-op (St. Johnsbury)

Upper Valley Food Co-op (White River Junction)

Washington

Community Food Co-op (Bellingham)

Ferry County Co-op (Republic)

Mountain Community Co-op (Eatonville)

Olympia Food Co-op (2 stores)

Sno-Isle Food Co-op (Everett)

Tacoma Food Co-op

Tonasket Natural Foods Co-op (Tonasket)

Vancouver Food Co-op

Yelm Food Co-op (Yelm)

Wisconsin

Riverwest Co-op Grocery (Milwaukee)

Yahara River Coop Grocery (Stoughton)

Regent Market Co-op (Madison)

*Mandatory Work Requirement